



# SUPPLEMENTS

## SHOPPING LIST

Featuring 2012's award-winning products

### ALLERGY & SINUS

- North American Herb & Spice**  
SinuOrega
- Xlear**  
Xylitol Sinus Nasal Spray

### ANXIETY, STRESS & ENERGY

- Carlson Labs**  
Mellow Mood
- Gaia Herbs**  
Rhodiola Rosea
- Michael's Naturopathic Programs**  
Adrenal Xtra Energy Support

### BRAIN HEALTH

- Buried Treasure**  
ADDED Attention
- Life Extension**  
Optimized Saffron
- Soloray**  
SharpMind

### DETOX & CLEANSING

- Flora**  
Flor•Essence
- Himalaya Herbal Healthcare**  
Triphala
- Natren**  
Healthy Start System
- New Chapter**  
Liver Take Care

### DIGESTION

- Essential Formulas**  
Dr. Ohhira's Probiotics
- Nutrition Now**  
PB 8
- Quality of Life**  
Peptisol
- Source Naturals**  
Essential Enzymes

### ESSENTIAL FATTY ACIDS

- Barlean's**  
Wild & Whole Alaskan Salmon Oil
- Nordic Naturals**  
Ultimate Omega Xtra
- ReNew Life**  
Norwegian Gold Super Critical Omega

### GREEN FOODS

- Greens Plus Organics**  
Organic Superfood
- Paradise Herbs & Essentials**  
ORAC-Energy Greens Truly Chocolate
- DDS Probiotics**  
ProbioGreen

### HAIR, SKIN, & NAILS

- BioSil**  
Hair, Skin, Nails
- Country Life**  
Maxi-Hair
- NeoCell**  
Super Collagen+C

### HEART HEALTH & CHOLESTEROL

- Healthy Origins**  
Ubiquinol
- NOW Foods**  
Beta-Sitosterol Plant Sterols
- Wakunaga**  
Kyolic Curcumin

### KIDS' HEALTH

- A. Vogel**  
Echinaforce Jr.
- MegaFood**  
Kid's One Daily

### IMMUNE HEALTH

- Nature's Answer**  
Sambucus
- Quantum Health**  
Super Immune+
- Rainbow Light Herbal Prescriptives**  
Counter Attack

### NEW PRODUCTS

- NaturaNectar**  
Red Bee Propolis
- Nature's Way**  
Calm Aid
- Solgar**  
No. 7

### PAIN, JOINT & BONE

- Terry Naturally**  
Curamin by EuroPharma
- Membrell**  
BONEhealth

### PROTEIN POWDERS

- Bluebonnet**  
Extreme Edge (full line)
- Garden of Life**  
RAW Organic Protein (Vanilla)
- Vega One**  
All-in-One Nutritional Shake (French Vanilla)

### VITAMINS & MINERALS

- American Health**  
Ester-C Effervescent (Natural Orange)
- Doctor's Best**  
Best Fully Active Folate
- Maximum Living**  
MineralRich
- Natural Vitality**  
Organic Life Vitamins (Fruit Flavor)
- Nelson Bach USA**  
Spatone Pur-Absorb Iron

### WEIGHT LOSS

- Almased USA, Inc.**  
Almased
- Creative Bioscience**  
Raspberry Ketone 1234
- Natural Factors**  
PGX Daily
- ReBody**  
SafSlim (Delicious Tangerine Cream Fusion)